



## Charity training for Fundacja Zwierzęca Polana

We invite you to participate in the Charity Training! The workout will include elements of dance, yoga, mobility, stretching, suitable for all levels, so don't be afraid to join! Required age: 16+ What will you need? Workout clothes like pants, leggings, t-shirt, socks [shoes...

Scan the qr code with your phone camera or go to the following address

https://zrzutka.pl/en/8mw3dc

