



# YOGA WEEKEND

## SOBOTA

10.00-11.30	MORNING VINYASA
12.00-13.00	MEDYTACJA I PRANAYAMA
13.30-15.00	YIN YOGA
15.30-17.00	ACRO YOGA
17.30-19.00	BALANSE NA RĘKACH

## NIEDZIELA

10.00-11.30	YOGA KUNDALINI
12.00-14.00	SA E
14.30-16.00	
16.30-18.00	
18.00-24.00	

Fundraiser  
goal  
2 000 zł

## joga weekend jedzenie

zrzutka na jedzonko wegańskie w trakcie joga weekendu

Scan the qr code with your phone camera or go to the following address

<https://zrzutka.pl/en/j54jry>

